

ALL EMBRACING HOME CARE

Inside
Look

Thank you for

5 Great Years

APRIL
2024

Providing non-medical in-home care services for seniors and individuals with disabilities is truly a labor of love. It is an occupation that requires discretion, a compassionate heart, love for people, and just the right touch. Along with that our team has dedicated themselves to customized training that is accredited by the state of North Dakota through various agencies.

Continued on page 3.

Lovin' on your loved ones.



Leadership Lowdown



by Dee

Dee Decimus Holmes,
Owner/
Founder

Spring is in the Air!

As my husband Stephen is pressure washing the deck and getting our lawn furniture and grills out, I can envision sunshine, friends, family and good conversations out there.

We really enjoy being outside and enjoying the beautiful North Dakota weather in the spring and summer.

There have been some changes at All Embracing Home Care (AEHC) since our last Newsletter, our CEO, Lisa Loland and her family have moved to South Dakota and is working remotely and will continue to support you as she has always been doing. I'm so blessed to have her on my team! Lachen Stadstad was promoted to Director of Home & Community Based Services and has continued to provide phenomenal support to the individuals we support! Brenda Serrano has been brought on as our Director of Education and comes to us with many a Master's Degree and many years of experience and will keep our Care Managers and our team up to date on the training requirements per the state of ND. Cheyanne Chaput has been brought on as my Executive Assistant and will be assisting me with day-to-day tasks and will give me the availability to spend more time doing what I love, spending more time with you! Hanson O'Leary has been promoted to Director of Marketing. Mr. O'Leary has been with AEHC for almost two years and has worn many hats, Care Manager, Marketing Intern, Office Assistant all while attending Concordia College and captain of the men's hockey team.

We also have switched phone services to Weave. Weave is a HIPPA compliant cloud-based phone system that unifies business communications. Weave is designed to help companies like mine communicate and engage with customers throughout the entire customer journey. I only want to enhance all aspects of AEHC as we continue to grow. Thank you for growing with me!

We help people of all ages live as independently as possible, without compromising their health and safety.

Leadership Team

Lisa Loland, CEO	701-330-8373
LaRae Guzman, HR Generalist	701-330-0159
Amanda Hjelle, Director of Services - Fargo Branch.....	701-317-8459
Hanson O'Leary, Director of Marketing.....	701-330-8373
Brenda Serrano, Director Of Education	701-330-8373
Lachen Stadstad, Director of Home & Community Based Services..	701-317-8488
Emily Schenk, Developmental Disabilities Program Coordinator	701-317-8277
Angelina Zenon, Scheduler.....	701-317-2940
Cheyenne Chaput, Executive Assistant	701-330-8373
Dee Decimus Holmes, Owner/Founder	701-330-8373

Care Manager Team

Sara Alferness	Jenna Harrington	Lori Otten, RN
Kennedie Beyer	Lacey Haskell-Daucsavage	Melissa Petrovic
Samantha Bogardus	Chelsea Hehr	Mason Plante
HannahBurt	Ty Herrera	Marta Rodriguez
Christopher Butler	Amanda Hjelle	Jodee Rose
Vangie Byfuglien, RN	ThomasHjelle	Tammy Sandbothe
CarolynCalkins	Chloe Hoffart	Emily Schenk
Kelli Case	Gretchen Holden	Marissa Schiller
Cheyenne Chaput	Margaret Irons	Brenda Serrano
Natasha Compeau	Elaine Johnson	Kevin Shibata
Maria Cronquist	Dianne Johnson	Michelle Smith
EmmaLee Dahl	Sandra Johnson	Larissa Smith
Deanna Decimus Holmes	Emily Just	Lachen Stadstad
Karen Deziel	Jordan Kearney	Katrina Tjepkema
Jonathan Deziel	Kathy Klang	Sarah Vageline
Terrie Dusek	Gayle Kuhn	Ally Verville
Sonia Esquivel	Joseph Lee	Brandon Watt
Francisco Figueroa	Lisa Loland	Ana Weisz
Ella Gabel	Donna McMahon	Jean Wellman
Ivy Garnett	Andrew Moncada	Ariauna Williams
Alison Goodfellow	McKenna Myron	Angelina Zenon
Amanda Gunderson Belgarde	Hayden O'Leary	
LaRae Guzman	Gina O'Leary	
Julie Guzman	Hanson O'Leary	
Tessie Hamilton	Michele Omlid	

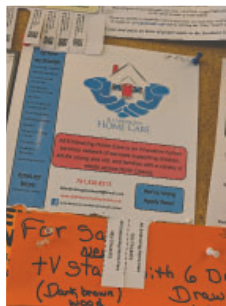
Thank You!!

All Embracing Home Care, LLC is an equal opportunity employer/provider

Celebrating 5 Years!

Five years, wow, where has the time gone?

Five years ago on April 19, 2019, I drove out to Northwood, ND to assist my first client, Bob. He was a retired farmer and needed a little help with laundry, shopping and light housekeeping. That's where it all began.



I started leaving my brochures and flyers around Grand Forks and rural towns I drove through. I met with Case Workers, Social Workers, Discharge Planners, Doctors, and Nurses to inform them of the service I was providing.

Quickly my one client turned into four and then seven. At the time I was working part time to make ends meet and took a leap of faith to resign from my position and go full time with my "little" home care company. Within weeks I had eleven clients and I had to find some help! I hired my first employee and the rest is history!

I moved out of my dining room into an office downtown July 2020 as I needed to bring on some help with administrative tasks. At that time there was two of us in the office and by April 2022 we grew out of that 750 sq foot space



with ten of us and moved to our current location on South Washington with

3300 sq feet with room to grow. In July 2022 Amanda Hjelle was promoted to Director of Services – Fargo Branch and converted one of her bedrooms into a home office. Mrs. Hjelle started to promote All Embracing Home Care in the Fargo/Moorhead area and it quickly took off. We obtained an office in Trollwood Village May 2023.



Looking back at the progression of growth in Nov 2019 we worked 13 shifts a week, Nov 2020, 71 shifts a week, Nov 2021, 501 shifts a week, Nov 2022, 781 shifts a week, and most recently Nov 2023, 1280 shifts a week. We continue to grow and continue to provide quality care to the individuals we support, I have a deep passion for caring for individuals and seeing them thrive in the setting they want to be in! If it is a 90 year old grandmother who just lost her husband of 65 years and wants to stay in the same house, and sleep in the same bed as her and her late husband did for the past 40 years, but she has dementia, we can come in and support her right there and make her space safe, and make her feel seen while her identity is being taken away from her as the days go by, or if it is a 7 year old boy, just entering 2nd grade and was diagnosed with autism at the age of 2, and has been bounced around from agency to agency and Dr to Dr, his mom calls us with no ounce of hope that anyone can help her, we come in and make a customized Person Centered

Service Plan and coordinate with other resources from the community such as Behavioral Analyst, Protection and Advocacy and create a Risk Management Plan and train staff to support him 24-7 if need be. We can attend school with him, go to practices, school functions, special

Olympics, you name it, we'll be his support! Or if it is an individual who just had cataracts surgery and lives alone and cannot put the required eye drops in 4 times a day after surgery, we can stop in for a 15-minute visit and administer the drops. We customize our care plans to accommodate our client's needs.

When I started the agency I started with my Qualified Service Provider-Agency License through the State of North Dakota and while I was working in my business for the first year and a half, I was completing the required documentation and licensing requirements for our Developmental Disabilities (DD) licensing through the North Dakota Department of Human Services. Some of the growth can be contributed to adding the DD additional license. Some of the growth can be contributed to Quality of Care, marketing and branding, technology integration, financial management, compliance and acquiring our Center for Quality Leadership (CQL) Accreditation, networking and partnerships, staff training and development, adaptability, and innovation but most of the growth is contributed to the passion I have for the individuals we serve and my team!

As All Embracing Home Care starts its fifth year of business, I'm honored to continue to lead a team of dedicated staff to care for you and your loved ones for many more years to come.

Thank you for trusting me over the past five years.

Dee Decimus Holmes, Owner/Founder



We Are A Proud National VA Provider

All Embracing Home Care is proud to serve the veterans in and around the Grand Forks and Fargo/Moorhead communities. Our local Vets have selflessly served our country and we are here to serve them. We have experience providing in-home care services to veterans that allows them to live happy, independent lives in the comfort of home.

The families of veterans often ask, "Does the VA provide home health care? Yes, All Embracing Home Care provides home health aides and homemaker services for veterans."

To find out more, give us a call today 701-330-8373

Home Care
for Our
HEROES!



THE EXTRA EMBRACE

Unlocking Joy: The Power of Laughter

by Lachen

Lachen Stadstad,
OTA, Director of Aging Services

Laughter has long been celebrated as the best medicine, but its therapeutic benefits extend far beyond a simple anecdote.

Laughter harnesses the healing power to promote physical, emotional, and mental well-being. From reducing stress to strengthening social bonds, here's a closer look at the profound impact of laughter:

The Science of Laughter:

Laughter triggers the release of endorphins, the body's natural feel-good chemicals, promoting a sense of happiness and relaxation. It also decreases the production of stress hormones, such as cortisol, leading to reduced feelings of anxiety and tension. Additionally, laughter improves blood flow, boosts immune function, and even alleviates pain by stimulating the release of natural painkillers.

Mental Health Benefits:

Laughter is a powerful antidote to negative emotions like anger, sadness, and fear. By fostering a positive mindset and shifting perspective, it helps individuals cope with life's challenges more effectively. Regular laughter sessions have been linked to improved mood, enhanced resilience, and reduced symptoms of depression and anxiety. In clinical settings, laughter therapy is often integrated into treatment plans for individuals dealing with mental health disorders.

Strengthening Social Connections:

Laughter is contagious, and sharing a hearty laugh with others strengthens bonds and fosters a sense of community. Participating in group activities that involve playful exercises, storytelling, and laughter-inducing games promotes camaraderie, builds trust, and cultivates a supportive environment where individuals feel understood and accepted.

In today's fast-paced world, stress has become a prevalent health concern, contributing to a myriad of physical and mental ailments. Laughter offers a natural and enjoyable way to unwind and de-stress. By encouraging deep breathing and muscle relaxation alongside laughter

exercises, it induces a state of calmness and tranquility, similar to the effects of meditation or mindfulness practices.

Enhancing Quality of Life:

Beyond its immediate therapeutic benefits, laughter enhances overall quality of life by fostering joy, resilience, and a sense of inner peace. It promotes a lighthearted approach to life's ups and downs, empowering individuals to embrace a more optimistic outlook and navigate challenges with grace and humor. Individuals who laugh often report feeling more energized, engaged, and connected to the present moment.

In conclusion, laughter serves as a poignant reminder of the transformative power it holds in promoting holistic well-being. By embracing laughter, individuals can cultivate resilience, foster connections, and rediscover the simple yet profound joy of living life to the fullest. So, let's laugh our way to a healthier, happier, and more vibrant existence!





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GRAND FORKS, ND**

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We do not offer every plan available in your area. Currently we represent [10] organizations which offer [54] products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

*Products are not underwritten by Farmers Union Insurance.

Celebrating Occupational Therapy



The Vital Role of OT in Every Stage of Life

by Cheyanne

Cheyenne Chaput,
Executive Assistant

As April unfolds, we embark on a special occasion: Occupational Therapy Month. It's a time to acknowledge and appreciate the profound impact that occupational therapists (OTs) have on individuals' lives, from infancy to old age. Let's take a moment to delve into the significance of occupational therapy across the lifespan.

Early Intervention: Laying the Foundation

For infants and toddlers facing developmental challenges, occupational therapists are like guardian angels, guiding them through the crucial stages of growth. Through sensory integration techniques, play-based therapies, and family-centered approaches, OTs help these little ones build essential skills for communication, motor development, and social interaction.

Childhood: Empowering Exploration and Learning

As children venture into the world of education and socialization, occupational therapy continues to be a cornerstone of support. Whether it's helping a child with autism develop coping strategies for sensory sensitivities or assisting a student with ADHD in improving organizational skills, OTs play a vital role in enhancing academic success and fostering independence.

Adolescence: Navigating Transitions

The teenage years bring a myriad of challenges, from navigating social dynamics to preparing for adulthood. Occupational therapists empower adolescents to overcome barriers and build resilience. From addressing mental health concerns like anxiety and depression to guiding career exploration and vocational training, OTs help teenagers navigate the complexities of adolescence with confidence and self-assurance.

Adulthood: Enhancing Quality of Life

In adulthood, occupational therapy takes on a multifaceted role, supporting individuals in various life domains. Whether it's helping someone recover from a workplace injury, assisting in adapting to life changes due to illness or disability, or providing strategies for managing stress and maintaining work-life balance, OTs are dedicated to promoting health, well-being, and independence throughout adulthood.

Older Adults: Aging Gracefully

As we enter the golden years, occupational therapy becomes increasingly valuable in facilitating successful aging. Whether it's ensuring safety and mobility in the home environment, addressing cognitive changes through memory enhancement programs, or promoting social engagement and meaningful activities in senior communities, OTs play a vital role in optimizing the quality of life for older adults.

Conclusion: Honoring Occupational Therapy

As we celebrate Occupational Therapy Month, let's take a moment to express our gratitude for the dedicated professionals who make a difference in countless lives every day. Whether it's through innovative interventions, compassionate care, or unwavering advocacy, occupational therapists embody the spirit of empowerment, resilience, and hope across all stages of life.

So here's to occupational therapy, a profession that enriches lives, fosters independence, and empowers individuals to reach their fullest potential, no matter their age or circumstance. Cheers to the OTs who make a difference, not just in April, but every day of the year.





Workplace Wellness *by LaRae*



LaRae Guzman,
Human Resources Generalist

Simple tips providers can give caregivers to gain awareness and control when the stress of their work becomes too much. These include:

Mindfulness:

Mindfulness is a state of mind that focuses on the present moment without judgment or distraction. It can help increase concentration and reduce mistakes, support better self-care, and reduce stress and anxiety in both caregivers and recipients. In 1 study, caregivers trained in mindfulness were better able to identify and manage their own levels of psychological stress. As a result, they were less likely to use physical restraints and stat medications with patients, which also resulted in a significant reduction in aggressive behavior.

Gratitude:

Caring for someone suffering from an illness or disability can stir up some powerful emotions. Making an effort to recognize even the smallest positives may not neutralize these feelings, but it can help keep things in perspective. An easy daily practice could involve quickly jotting down a few things we are grateful for. Not only is it a good release, but they can be referred to and reread during challenging times.

Build Resilience:

Resilience is the ability to recover quickly from stressful situations. Like a muscle, it can be strengthened through a mindset that keeps things in perspective, uses humor to diffuse difficult situations, focuses on compassion and positivity, and engages in meaningful activities and the present moment. One study found that caregivers with higher levels of resilience were less cynical and emotionally exhausted and had higher job engagement and professional efficacy.

Positive Psychology:

Established in 1998 by then-American Psychological Association president Martin Seligman, PhD, positive psychology is the scientific study of what makes life worth living. Its focus on positive emotions, behaviors, and character strengths helps mitigate the effects of burnout among health care providers and caregivers. Ultimately, caregivers must follow the adage of putting on their own oxygen masks before helping others. They need to be encouraged and empowered to ask for help and advocate for their needs. After all, they deserve the same level of care that they give to those they serve.

Homestead Property Tax Credit and Renter's Refund

The Homestead Property Tax Credit and Renter's Refund are property tax credits available to eligible North Dakotans. Individuals may qualify for a property tax credit or partial refund of the rent they pay, if one of the following requirements is met:

- 65 years of age or older, OR
- An individual with a permanent and total disability

Proof of total disability must be established by a certificate from a licensed physician or a written determination of disability from the Social Security Administration or federal or state agency authorized to certify an individual's disability.

There is no age requirement for those with a permanent and total disability.

A homeowner or renter with disability must meet the same requirements, except for age, as a senior citizen homeowner or renter.

For a married couple who are living together, only one may apply for the Homestead Property Tax Credit or Renter's Refund. Only the spouse applying for the credit needs to be 65 years of age or older, or permanently and totally disabled.



For more information: 701.328.7088



"Lovin' On Your Loved Ones"

2211 SOUTH WASHINGTON - GRAND FORKS, ND 58201

701.330.8373



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COMMUNITY GRAND FORKS Corner

by Emily

Monthly Events

- Breakfast** at the GF Senior Center Weekdays 8:30am-9:00am
Hot Meal drive-thru & inside at the GF Senior Center Weekdays 11:30am-Noon
*For 60+. Obtain required paperwork and key tags in the Senior Center.
Order frozen meals ahead of time., pick up during the drive-thru or inside.*
- Memory Cafe** - Every 2nd Tuesday of the month @ Calvary Lutheran Church 1-3pm
*An educational event for people living with Dementia/Alzheimer's & their family.
Hosted by Home Therapy Solutions.*
- Bingo** at the GF Senior Center Every Wed & Thurs. - 1pm
Wednesday Bites in Time Square Every Wednesday 11-2

APRIL

- 22 UND Jazz Ensembles Concert at Chester Fritz Auditorium
27 North Dakota Champions Ball 2024 at Alerus Center
26-28 KEM Shrine Circus at Ralph Engalstad Arena

MAY

- 4 Community Wide Garage Sale + Craft Vendors at United Luthern Church- 8-12pm
4 Toughest Monster Truck Tour at the Alerus Center
9 Legacy Medical Primary Care Clinic Open House & Meet & Greet
13 Good Samaritan Fall Prevention Clinic- 2pm
15 Aging Unbound Education & Resource Fair Edgewood 55+
16 Fish 'n' Fun at Turtle Rive State Park
17-18 St. Annes Annual Free-will Donation Rummage Sale
18 Celebrate Jesus Walk & Worship Event Town Square Downtown GF
18 \$5,000 BINGO Giveaway at Southgate Bar & Grill
20 Good Samaritan Memory Enhancement Presentation- 1:30pm
31 Annual Journey Home Yard Sale

JUNE

- 1-2 Annual Journey Home Yard Sale
1 10th Annual Summer Outdoor Yoga Series at Flood Memorial Park Obelisk
4-6 2024 Dakota Conference on Rural & Public Health at the Alerus Center
8 Church of Cash: Johnny Cash Tribute Show at Empire Arts Center
8-9 ArtFest 2024 at University Park
13 Movie in the Park: Elemental (PG-13) at Riverside Park
15 Town Square Farmer's Market
15 10th Annual Summer Outdoor Yoga Series at Flood Memorial Park Obelisk
22 Town Square Farmer's Market
29 Town Square Farmer's Market
29 Blues on the Red at Town Square Downtown GF
27 Movie in the Park: Barbie (PG-13) at University Park
28-29 2024 Scheels Boundary Battle Catfish Tournament at La Fave Park



Providing optimal childcare and educational opportunities to children ages birth to 5 years old.

CALL TODAY! 701-757-0670

624 North Washington Street - Grand Forks, ND

info@elwaycclc.com



COMMUNITY Corner

Fargo/Moorhead
Monthly Events

by Amanda

Amanda Hjelle,
Director of Services -
Fargo Branch

Trollwood Village Month Events

Every Monday Exercise - 9:30 am (Rosewood room); **Bingo** - 12:30 pm
Every Tuesday **Grocery Bus** - 1:00 pm; **Dominoes** - 12:30 pm;
Bible Study - 2:30 pm in Library
Every Wednesday Exercise - 9:30 am (Rosewood Room); **Whist** - 12:30 pm
Every Thursday **Bingo** - 12:30 pm
Every Friday **Crafts** - 12:30 pm
Wednesday, January 3 **Sanford Foot Care Clinic**, 10:00 am - 2:00 pm
Thursday, January 4 **Sanford Foot Care Clinic**, 10:00 am - 2:00 pm
2nd Tuesday of Every Month **Parkinsons Support Group**, 2:30 pm - 4:00 pm

Memory Cafe

Every Monday...9:00 am - 11:00 am - Coffee and Conversation
Every Monday..... 1:00 pm - 2:30 pm - Music Therapy,
Education Creative Arts, Games, Puzzles & Socialization,
Bethel Church; 2702 30th Ave. S, Fargo, ND

Caregivers Cafe

4th Wednesday of every Month 1:00 pm - 2:30 pm
Linger Laugh and Learn Center;
1122 1st Ave. N, Fargo, ND

APRIL

13-14Junkin' Market Days- 4pm
18..... Alzheimers Association, Caregiver Support Group- 6:30pm-7:30pm
20..... Red River Market Moorhead Day- 10am-2pm
26..... Older Adult Resource Fair- 10am-3pm
27 Gigantic Rummage Sale- 7am-1pm
Caring for the Caregiver- 10am-2:30pm

MAY

9 AARP 'Stop the Scams'- 11:30am-1pm
10..... FM Red Hawks Home Opener,-7:05pm
16..... Alzheimers Association, Caregiver Support Group- 6:30pm-7:30pm
18..... Wheel of Fortune Live- 7pm
20..... Willie Nelsom- 7pm-9:30pm

JUNE

4 Memore Cafe, Community Dementia Conference- 8:30-3pm
5 Happy Harry's Rib Fest
13..... Alzheimers Association, Caregiver Support Group- 6:30pm-7:30pm
14..... Midwest Kid Fest- 11am-7pm
15..... West Fargo Street Fair- 10am-3pm
18..... The Market @ West Acres- 9am-3pm
21..... Scandanavian Festival



Advertise Here!!!

Give us a call today for more details.

701-330-8373



Freshen Up Your Space: Spring Cleaning Tips!

by *Hanson*

Hanson O'Leary,
Director of Marketing

ALL EMBRACING
HOME CARE



As the sun begins to shine brighter and flowers bloom, it's the perfect time to rejuvenate our homes with a thorough spring cleaning. Embrace the spirit of renewal and breathe new life into your living space with these simple yet effective tips:

Declutter Mindfully: Start by decluttering one room at a time. Donate or discard items you no longer need or use, and organize belongings into designated storage spaces. A clutter-free environment can promote a sense of calm and clarity.

Set a Cleaning Schedule: Break down the cleaning tasks into manageable chunks and create a schedule that works for you. Whether it's tackling a different room each day or dedicating a weekend to deep cleaning, having a plan in place will keep you on track.

Focus on High-Traffic Areas: Pay special attention to high-traffic areas like the kitchen, bathroom, and living room. Give surfaces a thorough wipe-down, scrub away grime, and don't forget to clean often overlooked areas like baseboards and light fixtures.

Let Fresh Air In: Open up windows to let in fresh air and sunshine as you clean. Not only will this help ventilate your home and remove stale odors, but it will also lift your spirits and invigorate your space with natural light.



Refresh Fabrics and Linens: Wash curtains, bedding, and throw blankets to remove dust and allergens accumulated during the winter months. Consider hanging linens outside to air dry for a fresh, outdoor scent.

Tackle Outdoor Spaces: Extend your spring cleaning efforts to outdoor areas like patios, decks, and entryways. Sweep away debris, power wash surfaces, and spruce up potted plants to create inviting outdoor retreats.

Invest in Green Cleaning Products: Opt for environmentally friendly cleaning products to minimize your impact on the planet. Many natural alternatives are just as effective as traditional cleaners and are safer for your family and pets.

Celebrate Your Accomplishments: Take a moment to appreciate the progress you've made and the sparkling clean results of your efforts. Treat yourself to a well-deserved reward—a bouquet of fresh flowers, a relaxing bath, or a leisurely stroll in nature.

HAPPY
Birthday
to these Care Managers



-----April-----

Ella Gabel..... 9

Ally Verville..... 23

-----May-----

Brandon Watt 7

Christopher Butler 12

Brenda Serrano..... 15

Lori Otten 19

LaRae Guzman 22

Jordan Kearney..... 25

Hannah Burt..... 31

-----June-----

Lachen Stadstad..... 4

Dee Decimus Holmes 10

Ella Houska..... 19

Mason Plant..... 23

Sara Alferness 28

Samantha Boagrdrus 28

Enjoy Your
Special Day!!



All Embracing Home Care Foundation

The All Embracing Home Care Foundation thrives to create a future where every individual can experience the highest quality of care, services, and equipment. On April 17th, 2024 the Foundation had the pleasure of donating a Chevrolet Equinox to local family. This lovely husband and wife are the parents of three wonderful children who are happy to call Grand Forks their home. This deserving family was elated to receive this gift.

If you would like to make a donation to the Foundation please do so at : Gate City Bank locations: All Embracing Home Care Foundation
Venmo: @allembreachinghomecarefoundation



MAKING TRACKS

Struggling with Transportation?

If you have a driver...
we may have a solution.

All Embracing Home Care has an ADA Compliant Van.

PUBLIC ADA VAN RENTAL OPTION:

Half-day\$75*
Full-day\$150*
Weekend: (5pm Fri. until 8am Mon.)\$300*
*Plus mileage. Gas returned at same level it was picked up at.

Proper training and release form required before rental.

LOVIN ON YOUR LOVED ONES....

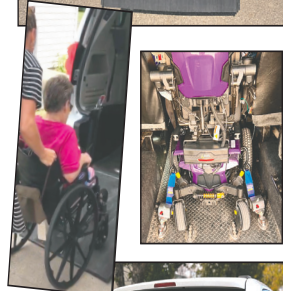
Our van is an option for any AEHC employee to use while transporting clients for AEHC purposes.
(Some restrictions do apply.) Proper training and release form required before transporting.

Family of clients or friends are authorized to drive or ride in our company van with prior approval from AEHC's owner Dee Decimus Holmes.
Proper training and release form required before transporting.

Our Office Assistant can answer any questions you have about the van and how we schedule it out for client use. We encourage care managers to reserve this vehicle for our clients, so that they can get out and enjoy life.
It's just another way we continue to keep "lovin on your loved ones."

Give us a call today and let's see what we can do for you.

701-330-8373



Join Our Team!

Make a Difference in Someone's Life Today.

Providing non-medical in-home care services for seniors and individuals with disabilities is truly a labor of love. All Embracing Home Care is currently looking for our next CARE MANAGER SUPPORT HERO!

- Free Training
- Employee Recognition Program
- Rewarding Career
- Flexible Schedule
- Multiple Shifts Available
- Benefits
- Growth Opportunities



701.330.8373

AllEmbracingHomeCare@gmail.com

APPLY HERE: <https://allembreachinghc.clearcareonline.com/quick-apply/>

Great people deserve a great place to work!

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Family Recipes



Quick Stovetop Scalloped Corn

Prep Time: 5 minutes
Cook Time: 15 minutes.
Total Time: 20 minutes

Ingredients:

6 tablespoons butter (divided use)
2/3 cup cracker crumbs
1/2 cup finely chopped onion
4 tablespoons flour
1/2 teaspoon salt
1/4 teaspoon fresh ground black pepper, or to taste
1.5 cups milk
2 egg, beaten
1 can, 12 to 15 ounce, whole kernel corn, drained
1 can, 12 to 15 ounce, cream kernel corn

Directions:

Melt 2 tablespoons of butter in a skillet. Add cracker crumbs and cook over medium heat, stirring, until lightly browned. Remove to a plate and set aside.

Melt 4 tablespoons of butter in the same skillet. Add the finely chopped onion and cook, stirring, until tender. Stir in the flour, salt, and pepper. Cook, stirring constantly, until mixture is hot and bubbly.

Whisk together the milk and egg. Gradually add the milk mixture to the skillet, stirring constantly. Cook, stirring, until mixture is thickened and begins to boil. Add both cans of corn. Cook until heated through.

Spoon into a serving dish and sprinkle with the browned cracker crumbs.



*Submitted by:
Vangie Byfuglien*



If you would like to submit a "Family Recipe" for this page, please email your recipe card to:

info@allembacinghc.com