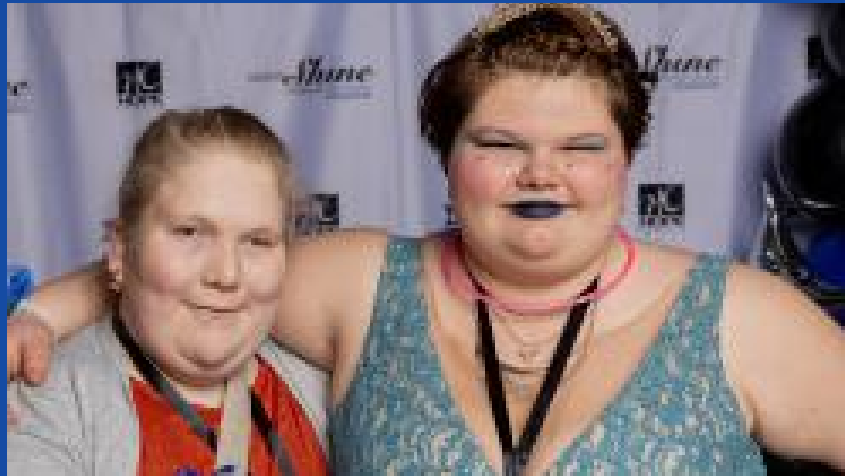
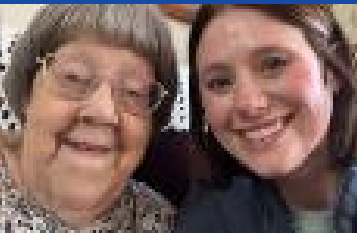


ALL EMBRACING HOME CARE

Inside Look



Providing non-medical in-home care services for seniors and individuals with disabilities is truly a labor of love. It is an occupation that requires discretion, a compassionate heart, love for people, and just the right touch. Along with that our team has dedicated themselves to customized training that is accredited by the state of North Dakota through various agencies.

See page 2 for some exciting news!

Lovin' on your loved ones.

April
2025



Leadership Lowdown



Dee
Decimus
Holmes,
Owner/
Founder

Spring Brings Growth and Celebration!

As the days grow longer and the signs of spring emerge, we are reminded that this season is all about renewal, growth, and fresh beginnings. This sentiment rings especially true for us as we celebrate an exciting milestone, our 6-year anniversary!

For six years, we have been honored to provide compassionate and reliable home health care services, ensuring the individuals we support receive the care they need in the comfort of their homes. We are incredibly grateful to our dedicated team and the families who trust us to be part of their healthcare journey.

This year, we're also celebrating growth beyond state lines! While we continue to serve communities across North Dakota with the same commitment and care, we are thrilled to announce the opening of our new office in Arizona! This expansion allows us to extend our mission of quality home health care to even more individuals in need.

Spring is a time of new beginnings, and we are excited for what's ahead. It's been an incredible journey of growth, learning, and commitment to the families we serve, and we're so grateful for the trust you've placed in us along the way. Thank you for your continued support, we look forward to many more years of serving you!

We help people of all ages live as independently as possible, without compromising their health and safety.

Leadership Team

Lisa Loland, CEO	701-330-8373
LaRae Guzman, HR Generalist	701-330-0159
Amanda Hjelle, Director of Services - Fargo Branch.....	701-317-8459
Hanson O'Leary, Director of Marketing.....	701-330-8373
Lachen Stadstad, Director of Home & Community Based Services..	701-317-8488
Emily Schenk, Developmental Disabilities Program Coordinator	701-317-8277
Cheyenne Chaput, Executive Assistant	701-330-8373
Jodee Rose, Director of Education.....	701-203-1637
Michelle Smith, Program Administrator.....	701-330-8373
Melody Shibata, Scheduler.....	701-317-2940
Dee Decimus Holmes, Owner/Founder	701-330-8373

Care Manager Team

Sara Alferness	Tami Hilliard	Melissa Petrovic
Blessing Babatunde	Amanda Hjelle	Raji Dolapo
Callie Baier	Thomas Hjelle	Elizabeth Renner
Barnett Breana	Gretchen Holden	Marta Rodriguez
Lucinda Bockarie	Ty Holmes	Jodee Rose
Samantha Bogardus	Danielle Hough	Tammy Sandbothe
Favour Fnu	Margaret Irons	Emily Schenk
Vangie Byfuglien, RN	Elaine Johnson	Marissa Schiller
Carolyn Calkins	Dianne Johnson	Eden Scott
Nancy Calkins	Sandra Johnson	Monica Seh
Kelli Case	Emily Just	Kevin Shibata
Cheyenne Chaput	Josephine Kamara	Melody Schibata
Susan Clemetson, RN	Kathy Klang	Michelle Smith
Maria Cronquist	Justine Kobetsky	Rebecca Sandrol
Sofia Cruz Williams	Annabelle Kottke	Lachen Stadstad
Kiley Davidson	Gayle Kuhn	Chase Swenson
Dee Decimus Holmes	Nicole Larson	Tammy Thompson
Karen Deziel	Lisa Loland	Katrina Tjepkema
Terrie Dusek	Donna McMahon	Kylie Torkelson
Sonia Esquivel	Stacey Metzler	Sarah Vageline
Michelle Fox	Arya Mickelson	Ally Verville
Ivy Garnett	Leisa Mondry	Olivia Washington
Alison Goodfellow	Angela Morton	Brandon Watt
Amanda Gunderson Belgarde	McKenna Myron	Charlotte Welch
LaRae Guzman	Hayden O'Leary	Jean Wellman
Julie Guzman	Gina O'Leary	James Zuck
Amber Herrop	Hanson O'Leary	
Lacey Haskell-Daucsavage	Michele Omlid	
Chelsea Hehr	Rosemary Opaye	
Sandra Hersrud	Lori Otten, RN	

All Embracing Home Care, LLC is an equal opportunity employer/provider



THE EXTRA EMBRACE

Lachen Stadstad
Program Coordinator

Celebrating Evelyn's Remarkable 101 Years: A Life Well Lived

As Evelyn approaches her 101st birthday this May, we reflect on her incredible journey through life—a journey filled with family, hard work, and memories that have shaped her into the kind-hearted and strong woman she is today.

Evelyn grew up in a humble home, surrounded by love and the bustle of six siblings. Her family's bond was built around simple joys—baking together,



playing card games, and enjoying the comfort of each other's company. Her sisters were her closest companions, and they shared many happy hours in the kitchen, whipping up delicious treats for the family. "We always had fun baking," Evelyn fondly recalls. The card games—Monopoly, Pig, Hand and Foot—

were staples of family life, adding a bit of friendly competition to their evenings.

Their home, however, was far from luxurious. In fact, Evelyn describes it as "more like a barn than a house," but it was filled with warmth and love. She remembers walking a mile to school every day, no matter the weather, and laughs as she recalls that showers were a luxury they simply didn't have. Instead, they made do with what they had—growing their own food in the garden, milking cows, caring for pigs and chickens—and always having plenty of good,

homegrown food on the table.

After leaving home, Evelyn worked for many years as a housekeeper at Deaconess Hospital in Grand Forks, and later at Altru. She speaks of her time there with great fondness, always enjoying the work and the people she met along the way. Evelyn was known for her impeccable attention to detail and her caring nature, traits that made her a beloved member of the staff.



Although she never married or had children of her own, Evelyn's life has been filled with love and joy through her nieces and nephews, who have always been a source of pride and happiness. She's deeply cherished by her extended family, who admire her resilience, her kindness, and her unwavering spirit.

As she prepares to celebrate this incredible milestone, Evelyn's life is a testament to the values of family, hard work, and making the best of what life offers. We are so grateful to know her, and we join together to celebrate her 101 years of wisdom, laughter, and love. Here's to many more years of joy and memories, Evelyn!

Happy 101st Birthday, Evelyn!!

Lisa's Game Corner

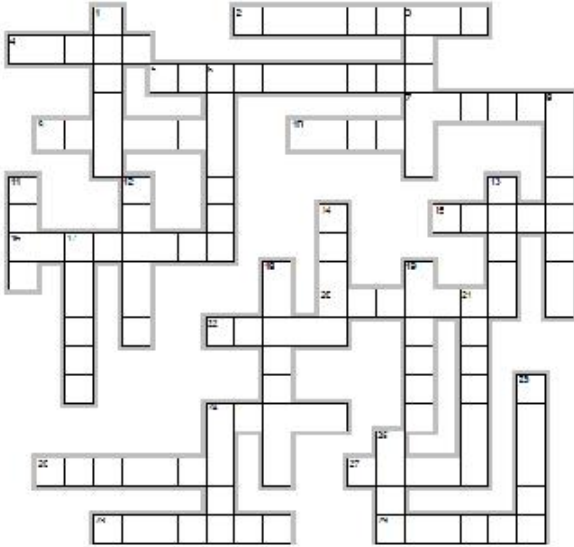
TV Crosswords: Game Show Hosts



Game shows have been popular for a very long time. How many do you remember?

Write the last name of one of the hosts of each game show listed in the clues. Since there have been more than one host for many of these shows, I've supplied the first name of one of them. You need to supply this person's last name.

Please note that some game shows date back as far as the 1940s, and some have been redone more recently with different hosts.



Clues

Across

2. *Are You Smarter Than a 5th Grader?* Jeff ____
4. *Wheel of Fortune*, Pat ____
5. *Tic Tac Dough*, Wink ____
7. *The Price is Right*, Bob ____
9. *Love Connections*, Chuck ____
10. *The Dating Game*, Jim ____
15. *I've Got a Secret*, Garry ____
16. *The Weakest Link*, Anne ____
20. *The Newlywed Game*, Bob ____
22. *Sale of the Century*, Jim ____
24. *The \$10,000 Pyramid*, Dick ____
26. *Who Wants to Be a Millionaire?* Regis ____
27. *The Joker's Wild*, Jack ____
28. *To Tell the Truth*, Bud ____
29. *Password*, Allen ____

Down

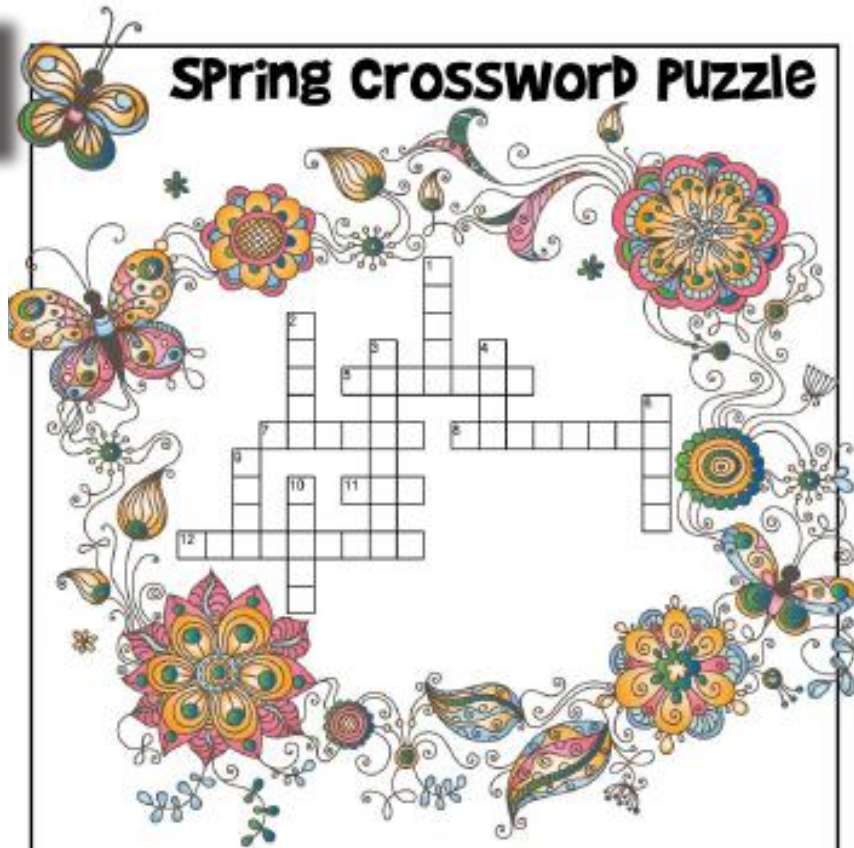
1. *Family Feud*, Richard ____
3. *Jeopardy!*, Alex ____
6. *The Match Game*, Gene ____
8. *Supermarket Sweep*, David ____
11. *You Bet Your Life*, Groucho ____
12. *Deal or No Deal*, Howie ____
13. *Concentration*, Hugh ____
14. *Who's Line Is It Anyway?*, Drew ____
17. *What's My Line?* Wally ____
18. *Hollywood Squares*, Peter ____
19. *The Gong Show*, Chuck ____
21. *Name That Tune*, Tom ____
23. *The \$25,000 Pyramid*, Bill ____
24. *Win, Lose or Draw*, Bert ____
25. *Let's Make a Deal*, Monty ____



Digging Deeper

Who was the original host of *Jeopardy!*?

Spring Crossword Puzzle



Across

5. A spectrum of color in the sky when it rains.
7. A colorful plant with leaves and petals.
8. A circular device that keeps the rain off your head.
11. The month in which we celebrate moms.
12. A winged insect that comes in many colors.

Down

1. One of the earliest birds to appear in spring.
2. ____ showers bring May flowers.
3. A sport played with a bat and ball.
4. The early bird gets the ____.
6. The month in which spring starts.
9. When snow and ice turn into water.
10. The color of grass once it comes back to life.

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We Are A Proud National VA Provider

All Embracing Home Care is proud to serve the veterans in and around the Grand Forks and Fargo/Moorhead communities. Our local Vets have selflessly served our country and we are here to serve them. We have experience providing in-home care services to veterans that allows them to live happy, independent lives in the comfort of home.



The families of veterans often ask, "Does the VA provide home health care? Yes, All Embracing Home provides home health aides and homemaker services for veterans." Call 701.330.8373 for more information or to set up services.



Medicare Supplements • Medicare Advantage • Healthcare



BRENT VIK

 **1551 28TH AVE S, STE A
GRAND FORKS, ND**

 **(701)757-5757**

We do not offer every plan available in your area. Currently we represent [10] organizations which offer [54] products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.

*Products are not underwritten by Farmers Union Insurance.



COMMUNITY GRAND FORKS Corner

by Jodee

Monthly Events

Breakfast at the GF Senior Center Weekdays 8:30am-9:00am

Hot Meal drive-thru & inside at the GF Senior Center Weekdays 11:30am-Noon
*For 60+. Obtain required paperwork and key tags in the Senior Center.
Order frozen meals ahead of time., pick up during the drive-thru or inside.*

Memory Cafe - Every 2nd Tuesday of the month @ Calvary Lutheran Church 1-3pm
*An educational event for people living with Dementia/Alzheimer's & their family.
Hosted by Home Therapy Solutions.*

Bingo at the GF Senior Center Every Wed & Thurs. - 1pm

April

1.....Greater Grand Forks Young Professional Annual Launch @Cloud 9 @5:30pm

5..... Hands on Learning Fair 2025 @ PuPur Arena 10am - 2pm

10..Free for All: The Public Library (Free Film Screening) @ The Empire Theatre 7:00pm - 9:00pm

11..... Galactic Bingo at Southgate- 9pm

9.....Community Celebration of the new Altru Hospital- 2pm

11.....PBR-Pendelton Whisky Velocity Tour 2025 @ Alerus Center @ 7pm

19.....Toughest Monster Truck Tour Championship Weekend @ Alerus Center @ 3pm

25-27.....Kem Shrine Circus @ Ralph Engelstad Arena

29..... Heartstrings: A Remembrance Service

May

3-4.Red River Valley Motorcyclists Spirit of America Bike & Car Show @ Alerus Event Center Arena

13.....Service Fair For Older Adults & Caregivers

17..... Family Film Series: "Cars" @ Empire Arts Center 1:00pm - 3pm

31..... Boathouse on the Red 12pm - 8pm

June

6.....Church of Cash Johnny Cash Show @ Empire Arts Center 7pm-9pm

7.....UND Hockey at The Ralph- 6

7-8.....Artfest @ University Park

14..... Family Film Series: "Babe" @ Empire Arts Center @ 1pm

21..... Forkin Arts & Crafts @ American Legion Club EGF @ 11am

Jodee Rose

Director of Education

I joined the AEHC team as the Director of Education at the end of September 2024. I have been with AEHC for 2 1/2 years working with individuals with disabilities clients and have enjoyed every moment of it. I have grown so much with this company and is eager to grow more and learn so much more as the company grows.

I moved to North Dakota with my family in 2011. I grew up in Utah and lived in Idaho for a couple of years. I have two grown children and two dogs. I enjoy spending time with my family, camping, fishing, and hunting. I enjoy the welcoming community here in North Dakota.

Jodee's role helps keep AEHC in compliance with training regulations. Trainings include: CPR, First Aid and AED, therapeutic response, medication classes and medication practicums, Alzheimer's classes, Brain injury classes, seizure modules, and other pertinent trainings that are required.



Providing optimal childcare and educational opportunities to children ages birth to 5 years old.

CALL TODAY! 701-775-0670

624 North Washington Street - Grand Forks, ND

info@elwaycclc.com



COMMUNITY Corner

Fargo/Moorhead

Monthly Events

by Amanda

Amanda Hjelle,
Director of Services -
Fargo Branch

Trollwood Village Month Events

Every Monday Exercise - 9:30 am (Rosewood room); **Bingo** - 12:30 pm
Every Tuesday **Grocery Bus** - 1:00 pm; **Dominoes** - 12:30 pm;
Bible Study - 2:30 pm in Library
Every Wednesday Exercise - 9:30 am (Rosewood Room); **Whist** - 12:30 pm
Every Thursday **Bingo** - 12:30 pm
Every Friday **Crafts** - 12:30 pm
First Wednesday of each Month **Trollwood Foot Care Clinic**, 10:00 am - 2:00 pm
First Thursday of each Month **Trollwood Foot Care Clinic**, 10:00 am - 2:00 pm
2nd Tuesday of Every Month **Parkinsons Support Group**, 2:30 pm - 4:00 pm

Memory Cafe

Every Monday...9:00 am - 11:00 am - Coffee and Conversation
Every Monday..... 1:00 pm - 2:30 pm - Music Therapy,
Education Creative Arts, Games, Puzzles & Socialization,
Bethel Church; 2702 30th Ave. S, Fargo, ND

Caregivers Cafe

4th Wednesday of every Month 1:00 pm - 2:30 pm
Linger Laugh and Learn Center;
1122 1st Ave. N, Fargo, ND

April

3 **Bingo at Bardown Bar and Grill**
3 **Trivia at Dwontown Fargo VFW**
4 **El Zagal Shrine Circus**
4 **Plant Swap**
4 **Fargo Force**
Scheels Arena
4 .. **Harwood Prairie Playhouse presents Marriage Gone Awry**
5 **Clay/Becker Master Gardener Horticulture Day**
5 **Photos with the Easter Bunny @West Acres Mall**
7 **Sourdough for Beginners**
10 **April Plant Swap**
12 **Red River Market**
17 **Older Adults Resource Fair**
17 **Tom Segura**
26 **Ham Dinner @Moorhead Mosaic Center**
26 **Mental Health Day in the Park**

May

2 **Junkin' Market Days**
Veterans Memorial Arena
7 **Bingo on Patio**
Wild Terra Cider
9 **2025 Lamoureux Hockey Cup**
Fargo-Moorhead
17 **Wing Fest**
North Dakota Horse Park

June

4 **Happy Harry's Ribfest**
FargoDome
8 **Sports of All Sorts**
The Lights
12 **Whisky Myers**
Scheels Arena
13 **Tyler Hubbard**
The Lights

Advertise Here!!!

Give us a call today for more details.

701-330-8373



Congrats, Dee!



Dee
Decimus Holmes,
Owner/
Founder

AEHC's founder
Dee Decimus
Holmes was
named Person of
the Year for ND by
U.S. Small Business
Administration

Awardees from across the
United States will be honored
during National Small Business
Week in Washington, D.C.

Ahead of National Small Business Week, the U.S. Small Business Administration announced this year's Small Business Persons of the Year winners from the 50 states, the District of Columbia, Puerto Rico and Guam. Dee Decimus Holmes owner of All Embracing Home Care, El Way Child Care and Learning Center, CAFF Property Group, and Kidwell Signature Cleaning was selected as ND's Small Business Person of the Year for 2025.

"I am truly honored to accept this award on behalf of not just myself, but the incredible team and community that make our work possible. In the service industry, success is built on trust, dedication, and a commitment to putting people first. This recognition is a testament to the hard work, passion, and resilience that go into serving our customers, clients, kiddos and community every day. Thank you to everyone who has supported us along the way—this award is a reflection of all of you." – Dee Decimus Holmes

Each year, the SBA celebrates National Small Business Week by recognizing the achievements of outstanding small business owners and entrepreneurs across the United States. All 53 winners have been invited to attend ceremonies in Washington, D.C., May 4-5, where they will be honored with their individual award along with special recognition of the runner-up and the naming of the 2025 National Small Business Person of the Year.

SBA also will co-host a free, two-day national virtual summit featuring educational business workshops and networking on May 6-7. Additionally, SBA's ten regions and 68 field offices will hold area recognition and educational seminars throughout the week. To get involved in the National Small Business Week activities and see all the 2025 awardees, visit www.sba.gov/nsbw.

HAPPY Birthday to these Care Managers



-----April-----

Breanna Barnett	02
Marjorie Mandizha.....	02
Charlee Schenfisch	04
Mary Beth Vigness	12

-----May-----

Mohamed Bangura.....	01
Rosemary Opaye.....	04
Kylie Torkelson	07
Brandon Watt	07
Rebecca Carrington.....	09
Oliva Washington.....	09
Elizabeth Renner	16
Alexis Gomez.....	17
Lori Otten	19
LaRae Guzman	22

-----June-----

Lachen Stadstad.....	04
Cheryl Eberhart.....	05
Madelynn Behm	06
Deanna Decimus Holmes.....	10
Dolapo Raji.....	16
Sara Alferness.....	28
Samantha Bogardus.....	28

Enjoy Your
Special Day!!



THE EXTRA EMBRACE



Empowering Therapy

by Cheyenne

Cheyenne Chaput,
Executive Assistant



Spring Cleaning for the Body: Detox and Stretching

With warmer weather here, it's the perfect time to "spring clean" not just your home, but your body too! After a long winter, refreshing your routine with stretching and detoxifying habits can boost flexibility, ease joint pain, and improve circulation.

Why Stretching Matters

Stretching helps maintain mobility, reduces stiffness, and enhances relaxation. It's especially beneficial for older adults and those with joint discomfort.

Simple Stretches for Spring

- Neck Stretch – Relieves tension and improves posture.
- Shoulder Rolls – Eases tightness in the shoulders and upper back.
- Seated Hamstring Stretch – Improves flexibility and reduces stiffness.
- Ankle Circles – Boosts circulation and ankle mobility.

Detox & Refresh

- Stay Hydrated – Water flushes toxins and keeps joints healthy.
- Eat Fresh – Enjoy seasonal fruits and veggies for natural detox support.
- Keep Moving – Exercise enhances circulation and helps eliminate toxins.
- Rest Well – Quality sleep and stress management aid in recovery.

Make It a Habit

Incorporate daily stretches and healthy habits to feel energized all season long. Just a few minutes a day can make a big difference. It's never too late to spring into action for your health!

Spring is the perfect time to set the intention to improve your flexibility and overall well-being. By incorporating a few simple stretches into your daily routine and making small, healthy changes to your lifestyle, you can feel better and more energized as you enjoy the season. Start with just a few minutes each day and gradually increase your activity level.

Remember, it's never too late to spring into action for your health!





Workplace Wellness *by LaRae*

LaRae, Guzman,
Human Resources Generalist



Prioritizing Caregiver Wellness: Essential Strategies for Sustainable Care

Caregivers play a vital role in supporting the well-being of others, but their own health and wellness often take a backseat. Whether they are family caregivers or professionals, the demands of caregiving can be physically, emotionally, and mentally exhausting. Prioritizing caregiver wellness is crucial to ensuring sustainable and effective care.

The Importance of Caregiver Wellness

Caregiving is both a rewarding and demanding responsibility. However, without proper self-care, caregivers may experience burnout, chronic stress, and health complications. Ensuring their well-being not only benefits them but also enhances the quality of care they provide.

Key Strategies for Caregiver Wellness

1. **Prioritize Self-Care** – Caregivers must recognize the importance of self-care, including adequate sleep, nutrition, and physical activity. Setting aside time for personal needs helps prevent exhaustion and improves overall health.
2. **Establish Healthy Boundaries** – It's essential to set realistic expectations and boundaries with care recipients and other family members. Overextending oneself

can lead to stress and resentment, making it necessary to communicate and delegate responsibilities.

3. **Seek Emotional Support** – Caregiving can be isolating, making it important to connect with support groups, friends, or mental health professionals. Engaging in therapy or support networks can provide a sense of community and emotional relief.

4. **Take Regular Breaks** – Respite care options, such as professional in-home care services or community programs,



can give caregivers the opportunity to rest and recharge. Short breaks, even for a few minutes, can make a significant difference in managing stress.

5. **Practice Mindfulness and Stress Management** – Engaging in mindfulness techniques, such as meditation, deep breathing, or yoga, can help caregivers manage stress effectively. Journaling or engaging in hobbies can also serve as therapeutic outlets.

6. **Stay Educated and Utilize Resources** – Learning about available caregiving resources, financial assistance, and training programs can ease the burden of caregiving. Many organizations provide tools and educational materials to help caregivers navigate their roles more effectively.

7. **Maintain Social Connections** – Caregivers should prioritize social interactions with friends and loved ones. Maintaining these relationships provides emotional support and prevents isolation, which can lead to depression and anxiety.

8. **Monitor Physical and Mental Health** – Regular medical checkups and mental health assessments are essential. Caregivers should be proactive in addressing their own health concerns to ensure they can continue to provide care effectively.

Encouraging a Culture of Caregiver Wellness

Organizations, families, and communities must recognize the importance of caregiver wellness and actively support those who provide care. Employers can offer flexible schedules, respite programs, and wellness initiatives to help caregivers maintain balance in their lives.

By prioritizing caregiver wellness, we ensure that those who dedicate their lives to helping others receive the care and support they deserve. Sustainable caregiving begins with self-care, and a healthy caregiver is an empowered and effective one.



"Lovin' On Your Loved Ones"

2211 SOUTH WASHINGTON - GRAND FORKS, ND 58201

701.330.8373



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All Embracing Home Care, LLC is an equal opportunity employer/provider



Meet our new Program Specialist, Michelle Smith!



As a Program Specialist, Michelle Smith provides essential administrative and operational support to the program team, ensuring smooth scheduling, efficient data management, and clear communication with participants.

With a passion for in-home health care,

Michelle values the deep, meaningful relationships built with clients and appreciates the opportunity to offer support during vulnerable times.

Beyond the workplace, Michelle is a dedicated mom to a wonderful kiddo who shares her love of playing video games, painting, camping, and spending time with their close-knit family during game nights and Sunday dinners. In her personal time, she loves reading, crocheting, and unwinding with friends or a good TV series. Thank you for welcoming me aboard."

Welcome!!



Struggling with Transportation?

If you have a driver...
we may have a solution.

All Embracing Home Care has an ADA Compliant Van.

PUBLIC ADA VAN RENTAL OPTION:

Half-day	\$75*
Full-day	\$150*
Weekend: (5pm Fri. until 8am Mon.)	\$300*

*Plus mileage. Gas returned at same level it was picked up at.

Proper training and release form required before rental.

LOVIN ON YOUR LOVED ONES....

Our van is an option for any AEHC employee to use while transporting clients for AEHC purposes.

(Some restrictions do apply.) Proper training and release form required before transporting.

Family of clients or friends are authorized to drive or ride in our company van with prior approval from AEHC's owner Dee Decimus Holmes.

Proper training and release form required before transporting.

Our Office Assistant can answer any questions you have about the van and how we schedule it out for client use. We encourage care managers to reserve this vehicle for our clients, so that they can get out and enjoy life.

It's just another way we continue to keep "lovin on your loved ones."

Give us a call today and let's see
what we can do for you.

701-330-8373



All Embracing Home Care Foundation

Our Vision...

The vision of our All Embracing Home Care Foundation is to create a future where every individual can experience the highest quality of care, services, and equipment. The All Embracing Home Care Foundation aspires to be a driving force in creating a healthier and more compassionate world. We see a community united in the belief that, "accessible and quality home care is a fundamental right." Our vision is to serve as a catalyst for positive change by mobilizing resources, fostering partnerships, and inspiring a culture of philanthropy. Through our efforts, we strive to build a sustainable foundation that ensures the continued growth and impact of All Embracing Home Care. Ultimately

leading to a society where the health and well-being of all individuals are prioritized and upheld with dignity and respect.

Our Mission...

It is the mission of the All Embracing Home Care Foundation to be dedicated in supporting and advancing the mission of All Embracing Home Care. Our foundation is committed to raising essential funds to ensure accessible, compassionate, and high-quality home care services for individuals in need. We believe in the transformative power of health and well-being. Our goal is to cultivate a community of generous donors

and partners who share our commitment to improving lives. Through strategic fundraising initiatives, community engagement, and collaboration, we aim to secure the resources necessary to enhance the reach and impact of All Embracing Home Care, ensuring that everyone receives the care they deserve in the comfort of their homes.



Call 701-330-8373 to donate!

Family Recipes



Chicken

1/2 cup all-purpose flour
 2 Tbsp. plus 2 tsp. ranch seasoning mix
 2 large eggs
 1 tsp. kosher salt
 1/4 tsp. black pepper
 1 1/2 cups breadcrumbs
 8 thinly sliced chicken cutlets (about 2 lb.)
 Vegetable oil, for shallow frying

Sauce

4 Tbsp. salted butter
 4 garlic cloves, grated
 1 cup dry white wine
 2 cups chicken broth
 2 tsp. ranch seasoning mix
 1 cup heavy cream
 2 Tbsp. finely chopped chives, plus more for topping
 2 Tbsp. dill, finely chopped, plus more for topping
 2 Tbsp. flat-leaf parsley, finely chopped, plus more for topping



Ranch Chicken

*Submitted by
Hanson O'leary*

1. Preheat the oven to 200°F.
2. For the chicken: In a shallow dish, combine the flour and ranch seasoning mix. In a second shallow dish, beat the eggs with 2 tablespoons water and the salt and pepper. Add the breadcrumbs to a third shallow dish.
3. Dredge a piece of chicken in the seasoned flour, shaking gently to remove any excess flour. Then transfer it to the egg mixture, coating the chicken completely in the egg. Let any excess egg drip off before transferring to the breadcrumbs, making sure to coat the chicken completely. Transfer the chicken to a large plate and repeat the process to bread all the chicken cutlets.
4. Heat about a 1/4 inch oil in a large skillet over medium heat. When the oil is hot, add 2 to 3 chicken cutlets to the skillet, making sure not to overcrowd the pan. Cook the chicken until golden brown all over and cooked through, 3 to 4 minutes per side. Transfer the chicken to a paper towel-lined sheet pan, and place the pan in the oven to stay warm while you cook the rest of the chicken in batches.
5. For the sauce: Once all the chicken is cooked, discard the oil and wipe out any burnt bits left in the skillet. Return the skillet to medium heat, add the butter and garlic, and cook until the garlic is fragrant, 30 seconds to 1 minute. Pour in the wine and deglaze the pan, scraping up any brown bits. Let the wine reduce by half, 4 to 6 minutes, then add the chicken broth and bring to a simmer. Whisk in the ranch seasoning mix and let the sauce cook down for about 15 minutes. You want the flavors to meld and the chicken broth to reduce a little. Stir in the heavy cream, chives, dill, and parsley and let simmer until slightly thickened, 4 to 5 minutes.
6. Serve the chicken with some of the cream sauce spooned over the top, and sprinkled with more chives, dill, and parsley.



If you would like to submit a "Family Recipe"
 for this page, please email your recipe card to
 Hanson: Hansono@allembracinghomecare.com